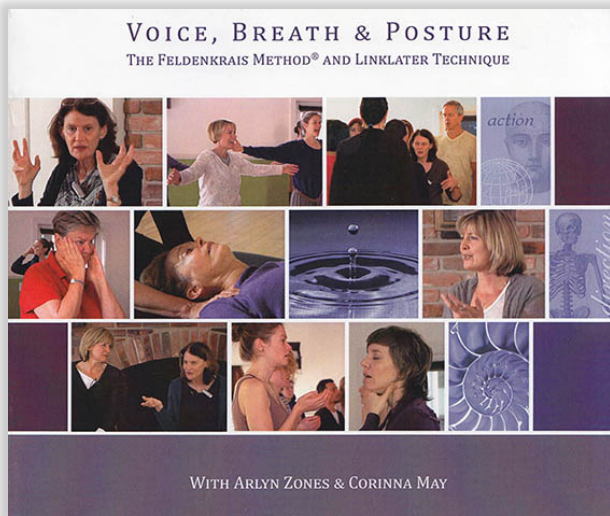




Arlyn Zones & Corinna May

Voice, Breath and Posture

The use of the voice is the center of investigation for this five-day course in which Arlyn Zones and Corinna May artfully lead the participants towards their resonant center. Both Arlyn and Corinna began their explorations of the voice through their early exposure to acting. Arlyn has been developing her work with the voice in Feldenkrais trainings over many years, focusing on the spoken voice particularly in the context of ATM teaching. Corinna works as a professional actor; her inquiries led her to training as a Linklater teacher and more recently as a Feldenkrais practitioner. The interplay between the two teachers, the two systems and their varying perspectives creates a lively atmosphere for learning. The five days gives one the time to experience the intensity and depth possible through working with the voice with these two masterful teachers. The ten DVD program includes ATM, Linklater exercises and Functional Integration practice. On Disc 10 you will find a PDF file with an index for the program, as well as supplemental readings provided by both teachers.*

Arlyn Zones graduated from Dr. Feldenkrais' last training program in 1983 and has been practicing the Method for over 30 years. She received her Trainer's designation in 1994. She first began studying the Linklater Method in 1972 as part of an actor's training program. The curriculum she created focusing on the voice has been included in nearly all of Feldenkrais Resources trainings in San Diego and New York, as well as numerous trainings in Australia. Arlyn has a MA in Theater Arts.

Corinna May has been a Feldenkrais Practitioner for over 10 years, a Designated Linklater voice teacher for 20 years, and a professional actress for 30 years. She is a core member of Shakespeare & Company in Lenox, MA, and an assistant professor of Voice and Speech in the MFA program at Pace University. She is a Phi Beta Kappa graduate of Barnard College/Columbia University, and a graduate of Circle in the Square Theatre School's Professional Actor Training program.

Archived Resource - 10 x Video DVD's in case