



# Back Pain - A Movement Problem: A clinical approach incorporating relevant research and practice

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Back Pain: a movement problem is a practical manual to assist all students and clinicians concerned with the evaluation, diagnosis and management of the movement related problems seen in those with spinal pain disorders. It offers an integrative model of posturo-movement dysfunction which describes the more commonly observed features and related key patterns of altered control. This serves as a framework, guiding the practitioner's assessment of the individual patient. Key features:

1. The book explores motor control and functional movement, its development, and explores how and why it is altered in people with back pain.
2. It integrates contemporary science with the insights and experience of extensive clinical practice.
3. The book maps the more common clinical patterns of presentation in those with spinal pain and related disorders.
4. It provides a simple clinical classification system for back pain.
5. Abundantly illustrated to present concepts and to illustrate the difference between so called normal and dysfunctional presentations.
6. Written by a practitioner for practitioners.