

Palpation Skills

Assessment and Diagnosis
Through Touch

Leon Chaitow

Foreword by
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CHURCHILL LIVINGSTONE

Palpation and Assessment in Manual Therapy Learning the Art and Refining Your Skills

[Leon Chaitow](#)

The book has been designed to help manual therapy students and practitioners to understand and acquire the palpatory skills which are essential for evaluating and deciding on appropriate treatment for musculo-skeletal dysfunction. The accurate interpretation of palpatory findings is difficult and comes with experience but this book aims to increase the awareness of how to palpate and what is being felt. It is supported by a DVD with video clips and commentary by the author to demonstrate and explain the techniques described in the text.