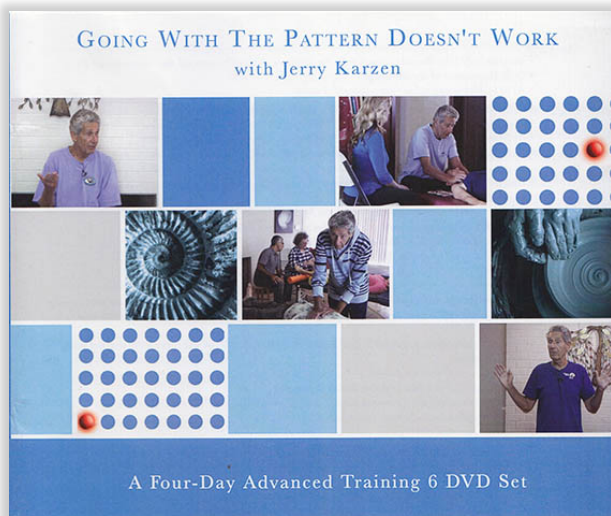




Jerry Karzen

Going With the Pattern Doesn't Work 2014

In this four-day course, Jerry debunks many common misconceptions he feels limit the Feldenkrais community. Themes include: going or not going with the pattern, how to integrate soft tissue work into a lesson, and working in sitting. Many advanced practitioners attended the course; thus, the discussions are rich and multilayered. Jerry demonstrates the breadth of his experience with small gems of insight spread generously throughout the four days and many stories of his time with Moshe.

In addition to lively discussion, there are substantial FI demos. Jerry offers examples of how to work with soft tissue in FI and discussions/demos related to working in sitting, as well as other orientations. (Jerry's FI is legendary, and having access to them on DVD allows for in-depth study.) Two of Moshe's FI lessons are viewed and discussed, relating them to the theme of going with the pattern (or not). Each day also includes an ATM lesson.

Jerry Karzen has a unique place in our community as Moshe's friend, organizer and travel companion. He has more than 40 years' of experience with the Method, and he has much to share with our community at this stage of his professional life. Any active practitioner will find tremendous value in this advanced program.

Archived Resources - 6 x Video DVD's in case