

# FELDENKRAIS AUSTRALIA

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- ◇ Defining learning?
- ◇ Academic versus Somatic learning
- ◇ Skeletons Alive course
- ◇ Learning in lockdown
- ◇ Online learning
- ◇ Hands-free Functional Integration - Necessity is the mother of invention
- ◇ Phil & Feldy
- ◇ A sense of healthy being
- ◇ Learning through life