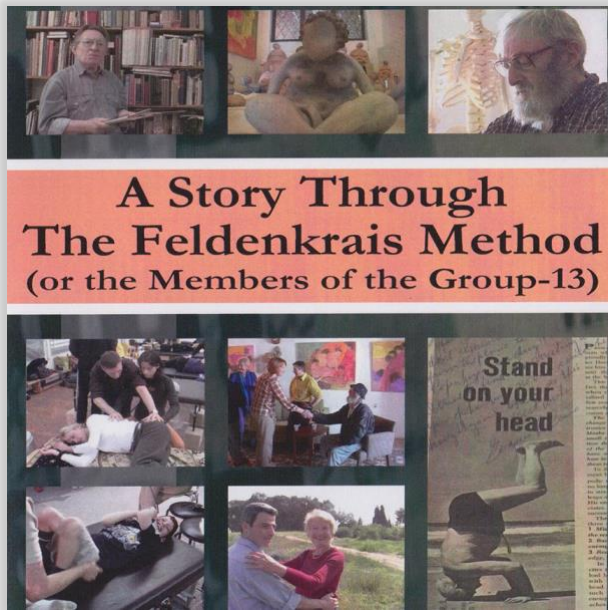




Shet Levi

A Story Through the Feldenkrais Method (or the Members of the Group-13)

This documentary feature is about a historic meeting that takes place between the 13 students who participated in Moshe Feldenkrais' first teacher training course that took place in Israel 1968-1971. Seven out of the thirteen original students participated in the Group-13 reunion: Ruth Alon, Shlomo Efrat, Devora Hisdai, Yochanan Ryverant, Chava Shelhav, Eli Vadler and Bruria Milo, who passed away during the making of this film- which is dedicated to her.

As Bruria Milo said: "Feldenkrais is a process. What is interesting is not the final product, but how someone reaches his/her goal. The way, the pathway to the destination is interesting. The way of doing so makes all the difference."

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Archived Resource - 1 x VHS video cassette tape. PAL format