

## Moshe Feldenkrais

## The Work of Dr. Moshe Feldenkrais

Recorded in a Canadian television studio, this series is comprised of eight informative, self contained, 30-minute video segments. Included are both lectures and demonstrations of Functional Integration and Awareness Through Movement. While the quality of the recordings is not up to today's standards, they represent some of the few recorded examples of Dr. Feldenkrais presenting both ATM and FI in practice to the general public.

## Volume 2

- 1. Introduction to Functional Integration lesson with woman
- The Elusive Obvious
- 3. Awareness Through Movement improving your turning part 1
- 4. Awareness Through Movement improving your turning part 2

Produced by Stanley Fox and Kolman Korentayer.

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Archived Resource - 1 x video cassette tape.