

CLINICAL EDUCATION IN SOMATIC PROCESS

# Love

A Somatic View

Stanley Keleman

Center Press

## Love: A Somatic View

[Stanley Keleman](#)

Stanley Keleman describes the four stages of love and the three basic body structures (ectomorphs, mesomorphs, endomorphs) and how each type asks different questions, is present to the world in different ways, and thus gives, receives, and cooperates in different ways. It's a good introduction to some basic somatic distinctions (e.g., how rigid and collapsed body structures are formed) and how the patterns in our bodies directly affect our relationships.