

The Truth of the Matter

we grab the bone,
suck the marrow,
devour it,
we reach in,
crack in,
to the very
center,
we reach in
day in
towards
ourselves -
towards first causes.
We touch the stuff
where things began again
life is
emerging.
Crack open
draw out the life cuff
again reach again
for the
Heart of the matter
reach for the
truth in the blood!
Reach for the truth
of the matter.

Elizabeth Beringer
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