

ABOUT THE PRESENTER

Paul Newton comes from New York City. He has lived more than 15 years in Germany, and in Paris for 5 years.

Paul is a trainer and educational director. Since 1993 he has worked in trainings in Europe and USA.

He is the educational director of three German trainings, and one in Austria. He is the co-educational director of Paris International with Myriam Pfeffer.

Students and practitioners value Paul for his clear, structured and sensitive teaching style.

Who Knows? If it wasn't for Moshe's knee problems perhaps our Method wouldn't exist !

We all know that knee pain is common and yet very different among individuals. In this training Paul will show us how we can effectively work with students dealing with pain and instability due to knee injury or years of accumulated of habits resulting in reduced function.

What are viable strategies? What relationships should we pay attention to? And what should we avoid?

Paul will share his ideas and his approach to the Feldenkrais Method in an interesting and respectful learning atmosphere.