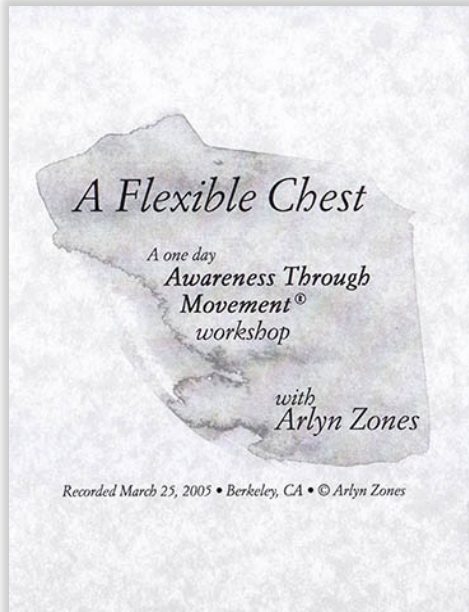


Arlyn Zones

A Flexible Chest

2005



- 1
 1. Talk: Making New Sensory Distinctions 4:53
 2. ATM: Hand to Heel Variations 52:22
- 2
 1. Talk: Working in the Imagination 5:31
 2. ATM: Circles of the Arm 63:20
- 3
 1. Talk: The Structure of the Ribs 3:57
 2. ATM: Circles of the Feet and Legs 46:35
- 4
 1. ATM: Minimal Folding of Shoulders & Hips (lying on back) 41:47

Archived Resource - 4 x Audio CD's in case