

THE EYES HAVE IT

Exploring the influence of the eyes in
FUNCTIONAL INTEGRATION® and
AWARENESS THROUGH MOVEMENT®

Carl Ginsburg PhD

The Eyes Have It

Exploring the Influence of the Eyes in FI and ATM
2009

Day One

ATM Lesson: Investigating Eye Dominance on All Fours

Discussion: What is the Dominant Eye

Experimental Situation: Standing and Walking with the Eyes Patched

Functional Integration with the Eyes Patched

ATM Lesson: Softening the Eyes Through Reversing the

Proximal and Distal Relations, Part One

Discussion: The Difference Between the Dominant Eye and the Eye That Works Harder

FI: Using Softening the Eyes Through Reversing the

Proximal and Distal Relations

Discussion and Clarification of Role of Vision

Finding New Distinctions While Walking

Day Two

Discussion: The Eyes in FI

ATM Lesson: Softening the Eyes Through Reversing the

Proximal and Distal Relations, Part Two

ATM Lesson: How the Eyes Lift the Head (Aliza Stewart)

Discussion: How the Eyes Affect the Whole Self

ATM Lesson: Soft Eyes

Discussion: Soft Focus vs. Narrow Focus

FI: Touching with Soft Eyes

Discussion: Soft Eyes = Soft Hands