

# FELDENKRAIS AUSTRALIA

Journal of the Australian Feldenkrais Guild Inc.

December 2016



## Feldenkrais Australia Journal, No.7

2016

- ◇ Gongs on
- ◇ Neuroplasticity and the Feldenkrais Method
- ◇ Your brain on Feldenkrais
- ◇ The dancer within
- ◇ Awareness Through Movement, self-directed learning, attention, and neuroplasticity
- ◇ Neuroplastic (?) ATMs and FIs
- ◇ Trainings