Learning Self Organization Moving from the floor to Working at the Table FFI DFNKRAIS® TEACHER TRAINING PROGRAM Bend, Oregon ~ March 2008 FUNCTIONAL INTEGRATION® with JEFF HALLER

Sat #2aDays 8-13 Froduced by Jeff∏aller at the Video∏ab videolab@ahaw.ca 250-653-0046

O Jeff Haller 2010

Jeff Haller PhD

Learning Self Organisation

Moving from the Floor to Working at the Table Set 2, Days 8-13 2010

Jeff Haller takes you on a journey into refining your self-organization so you can significantly improve your ability to function as a Feldenkrais Practitioner. Based on Feldenkrais principles of movement and functioning you will:

- Support yourself and work with proportional, equal distribution of tone;
- Improve your ability to listen to what your client communicates when you touch them;
- Improve the quality of your touch;
- Give higher-quality Functional Integration[®] lessons;
- Improve your comfort while working.

Archived Resources - 9 x Video DVD's in case