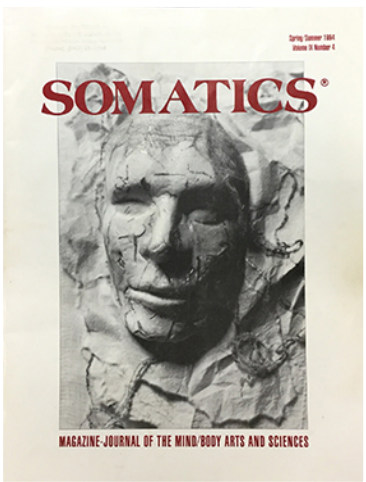




SOMATICS®

MAGAZINE-JOURNAL OF THE MIND/BODY ARTS AND SCIENCES

Volume 9(4)

Spring - Summer 1994

- ◇ Three Elements of Somatology. / Thomas Hanna
- ◇ Self-Image and Function: An Experience with Moshe Feldenkrais. / Yochanan Rywerant
- ◇ Feldenkrais for Psychoanalysts, Part 1. / Helga Pohl
- ◇ Model for the Feldenkrais Method of Functional Integration. / Jack Heggie
- ◇ Unell Swings, Judy Unell
- ◇ Integrative Yoga Therapy: Bridge Between Yoga and Mind-Body Health and Healing / Joe LePage
- ◇ Psychophysiology of Respiration: Eastern & Western Perspectives, Part 2. / Richard Miller
- ◇ Somatics & Natural Hygiene, Part 2. / Robert Sniadach