



ADVANCED SEMINAR
for
FELDENKRAIS TEACHERS
with
Gaby Yaron

1984 • Berkeley, California

Gaby Yaron

Advanced Seminar for Feldenkrais Teachers 1984

Four virtuosic lessons recorded during Gaby Yaron's annual Advanced training in Berkeley. The set includes Gaby's memorable and extended version of the flying lesson, an impressive sitting lesson we've seen no where else and two other great lessons. The lessons were directly connected to the Functional Integration instruction and are noteworthy for their advanced and unusual nature.

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CONTENT

1. Reaching and Dropping
2. Flying Lesson
3. Sitting and Turning Around Hand
4. Jumping Lesson

Archived Resource - 4 x audio cassette tapes