



The Second Twelve Months of Life

Frank CAPLAN

Your baby's second year is a wondrous and challenging experience for parents and child as your baby reaches out physically and emotionally for the world beyond mommy and daddy -- to friends, to toys, to sights, sounds, thoughts and words. In these twelve months you will see your baby communicating, identifying, differentiating, recognizing and remembering. Your baby will probably begin to walk alone, run and jump, play simple instructive games, imitate your actions, sing and dance to music, and increasingly demonstrate a desire to "do it myself." By the end of this milestone year, your baby will show an expanding range of emotions and ability to express them, show off for an audience, probably talk several dozen words and be able to give as well as receive love.