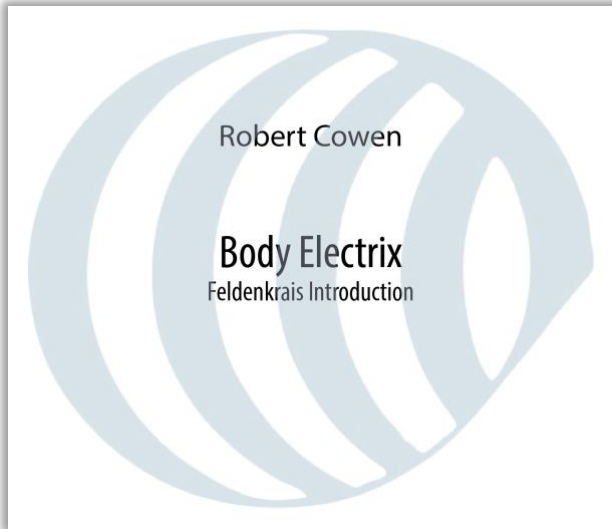




Robert Cowen

Body Electrix

Feldenkrais Introduction

CONTENT

01 Safety, comfort and ease

02 Inner timing

Archived Resource - 1 x audio cassette tape.