

Richard Corbeil

Vocal Integration with the Feldenkrais Method

Vocal Integration explores the movements and sounds of our childhood that prepared and determined our current vocal abilities and utilizes them to further the natural development of our voice. Improve speaking and singing by emulating the kind of movements and sounds that infants use to develop their voices. Enhance your voice by reprogramming the neuromuscular patterns that are the building blocks of vocal functioning. While introducing the main functional elements of vocal production, the lessons are designed to provide:

- -- A healthy foundation for extensive speaking and singing.
- -- An internal understanding of holistic vocal functioning.
- -- Unique resources to overcome speech or breathing difficulties.
- -- An extraordinary way of improving self-confidence.

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Exploring Long SoundsOrganizing VowelsIntroductionIntro and ReferenceReferenceScanningBreathingOpening for VowelsVocalizingFocusing VowelsModulatingAssessment

Articulating Short Sounds

Intro and Reference

Scanning

Lips and P3

Tongue and T Throat and K

Assessment

Involving Vocal Folds

Assessment

Accessing Resonators

Intro and Reference Channeling Airflow

Humming

Boosting Vowels

Assessment

Archived Resources - 23 x MP3 audio files