

Larry Goldfarb



Mastering the Method

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The Strategies and Structures of Lessons that Work 2008

Studying the standards and masterpieces is a time-honored path to developing skillful mastery. In the lexicon of Functional Integration lessons, there are those structures and strategies that are so consistently effective, so remarkably reliable, that we can count on them to facilitate learning.

Larry Goldfarb presents a remarkably clear map of one such archetypal lesson plan. From the explaining the overall strategy to patiently coaching each participant in learning every technique, Larry provides the general instruction and personal guidance needed to successfully add this lesson to your repertoire of FI lessons.

MASTERING THE METHOD offers you the opportunity to:

- Become skilled at new hands-on techniques while refining familiar ones.
- Understand the how & why of each step in the lesson choreography.
- Take better care of yourself, improve your self-use, and refine “the touch that teaches.”
- Uncover and utilize the integrity of “the movement behind the lesson.”
- Adapt the lesson to the student, not vice-versa.
- Promote the transfer of learning into daily life

Archived Resources - 7 x MP4 video files