

## Practical Magic:

A Translation of Basic Neuro-Linguistic Programming into  
Clinical Psychotherapy

by Stephen R. Lankton, A.C.S.W.

# Practical Magic

Stephen LANKTON

This book is a basic primer for understanding NLP (Neuro-Linguistic Programming). The author demonstrates all the basic techniques for change and relates these to other established schools of psychotherapy. The result is a fortunate marriage of theory and practice. Covers a wide range of topics some in depth, some only a tantalizing glimpse of possibilities which therapists dream of succeeding at. The outcome is a happy event which any therapist, novice or veteran, will find useful.