



The Feldenkrais Journal #2 Martial Arts

[Elizabeth Beringer \(ed.\)](#), [Yvan Joly \(ed.\)](#)

Carolyn Sue Albin: Adaptation; Elizabeth Beringer: A Common Thread; Elizabeth Dickinson: The Martial Art of Not Changing; Moshé on Moshé on the Martial Arts: Interview; Jack Heggie: Awareness Through Movement and Karate; Dennis Leri: Dreams in the Warrior's Wake; Paul Linden: The Balance of Power; Doron Navon Interview: Another Side of Moshé; Cheryl S. Reinhardt: Aikido & the Feldenkrais Work; Ralph Strauch: T'ai Chi and Feldenkrais; Martin H. Weiner: Beyond Technique

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