

A Course in Discovering and Recovering Your Creative Self

the ARTIST'S WAY

*A Spiritual
Path to
Higher Creativity*

JULIA CAMERON
author of
The VEIL of GOLD

The Artist's Way: A Spiritual Path to Higher Creativity

[Julia Cameron](#)

Asserting that creative expression is the natural direction of life, noted Hollywood screenwriter and director Julia Cameron presents an exciting method for artists to recover their creativity from limiting beliefs, self-sabotage, inattention, fear, jealousy, guilt, addictions, and other forces that inhibit the creative process.