

THE EMPRINT METHOD

A Guide To
Reproducing Competence



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This book is intended to change your mind about what is possible for you to achieve. By the time you finish reading the first chapter, you will be aware of the possibility of acquiring a wide range of new skills, talents, and aptitudes. By the time you finish the final chapter, you will have the tools you need to master an accelerated skill acquisition process — the EMPRINT method — that you can use to turn those possibilities into accomplishments. The purpose of this book, then, is to provide you with tools that will enable you to identify and acquire (or transfer to others) desirable human aptitudes. The purpose of this preface is to introduce you to the approach we used to create the EMPRINT method, as well as to create other methods and self-improvement formats that are described in other books by the authors. We call our approach Mental Aptitude Patterning. Knowing at least a little about Mental Aptitude Patterning will enable you to better appreciate both how we created the EMPRINT method, and how the method can be used to enhance the skills of individuals, as well as of large groups of people.