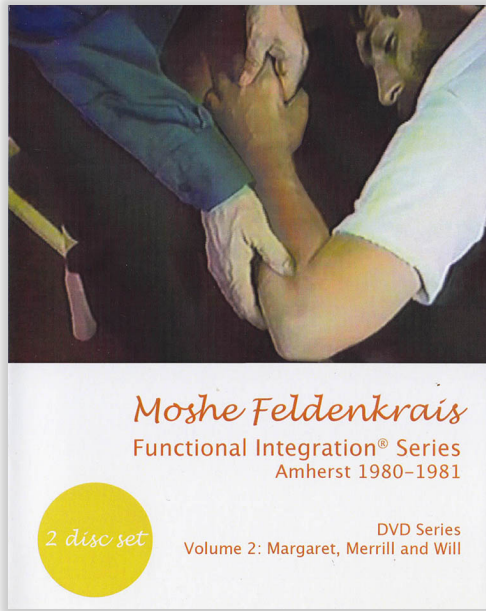


Moshe Feldenkrais

Functional Integration Series

Volume 2 2006



With this release the IFF Distribution Center continues to issue Functional Integration lessons by Moshe Feldenkrais recorded during the Amherst Training. In Volume 2 Feldenkrais demonstrates his skill responding to people who have diverse needs. Margaret is a woman with 'foot drop' as a result of a spine surgery to remove a tumor; Merrill is a professional ballet dancer with hip pain; and Will is a chiropractor, in the Amherst training at the time, who had had his arm reattached after an accident.

Trainer Deborah Bowes, who uses the lessons in her teaching and wrote about the Merrill lesson in her Trainer application, provides background and thoughts on the Margaret and Merrill lessons. Will Wells, Feldenkrais practitioner and recipient of the lesson, provides a unique insight – and an untold part of the story – of this important example of Feldenkrais' work.

In all the lessons you will be able to follow how Feldenkrais explores what is happening for the client, develops a lesson that speaks precisely to their circumstances, and creates ingenious ways of continuing and integrating the lesson in different positions.



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